

## SRILA PRABHUPADA ASHRAYA

In addition to fulfilling the above mentioned commitments of Krishna Upasaka, I will fulfill the following additional standards of devotional service and I shall receive the blessings of Sri Sri Gandharvika Giridhari Sriman Mahaprabhu & Sri Sri Lakshmi Narasimha Deva to practice Krishna Consciousness as a Srila Prabhupada Ashraya:

1. I will chant atleast sixteen rounds of the Hare Krishna maha-mantra everyday.
2. I will strictly avoid intoxication including coffee and tea, meat-eating, gambling, cinema, sports and illicit sex. I will also abstain from taking onion and garlic.
3. I will be well versed in the basics of Krishna Conscious philosophy by reading the books of Srila Prabhupada systematically and actively engaging in preaching (according to my capacity) to others about Krishna Consciousness.
4. I will follow a strict sadhana programme at home by rising early in the morning and following a program similar to the temple as far as possible. I will also attend at least one Bhagavatam class at the temple every week.

### Books to be read:

1. Science of Self realization chapter 6 - 8
2. Srila Prabhupada book (Your ever well wisher)
3. Bhagavad Gita As It Is chapter 13 – 18
4. Recommended – Krishna book

### Hearing:

In this module it is must to hear lectures given by Srila Prabhupada on Canto 1 of Srimad Bhagavatam. Click [here](#) to hear the lectures.

### Questions:

1. How often do you come to the temple (in a month)?
2. For how many days/weeks/months/years are you visiting ISKCON?
3. How many Sunday morning programs do you attend every month?
4. How many Sunday evening programs do you attend every month?
5. How many rounds of the Hare Krishna maha-mantra do you chant every day?
6. How long does it takes to chant your rounds?
7. When do you chant most of your rounds?
8. Where do you chant most of your rounds?
9. List all the books of Srila Prabhupada that you have read cover to cover.
10. Do you accept Krishna is the Supreme Personality of Godhead?
  - a. Yes
  - b. No

11. Why do you accept Krishna is the Supreme Personality of Godhead?
12. Are you willing to render practical devotional service during the ISKCON festivals?
  - a. Yes
  - b. No
13. Are you a vegetarian? (Tick the correct alternative)
  - a. Yes, all my life
  - b. Yes, for the past \_\_\_\_\_ years/months/days
  - c. No.
14. According to the shastras, how does one see women other than one's wife?
15. Which of the following Deities or pictures do you worship on your altar?
  - a. Sri Sri Radha-Krishna
  - b. Sri Sri Krishna-Balarama
  - c. Sri Chaitanya Mahaprabhu
  - d. Srila Prabhupada
  - e. List others, if any:
16. Describe the process of offering foodstuffs to the Lord. Write the mantras you chant
17. Do you observe fastings on Ekadashi and other festival days as recommended in the Vaishnava calendar?
  - a. Yes
  - b. No
  - c. I will start observing from now on
18. What are the forbidden food items on Ekadashi days?
19. What time do you rise in the morning?
20. Do you worship Tulasi everyday?
21. Do you water Tuasi plant everyday?
22. Do you circumambulate Tulasi at least three times everyday?
23. Please write Srila Prabhupada pranama mantras.
24. Do you know the prayers that we chant before honoring prasadam?
  - a. Yes
  - b. No
  - c. I will learn soon
25. Write the pancha tattva mantra below:
26. What are the qualities of a bonafide guru?
27. What is the unique position of Srila Prabhupada in ISKCON?
28. What are the four pillars of dharma? State what sinful activity destroys each of them.
29. Explain the difference between the body and the self?
30. What are the Bhagavad-gita's instructions with regards to the proper manner of approaching a bonafide spiritual master?
31. Do you avoid the following?
  - a. Onion/Garlic Yes / No
  - b. Cinema/TV Yes / No
  - c. Coffee/Tea Yes / No
  - d. Cakes /Ice-cream with eggs Yes / No
  - e. Restaurants Yes / No
  - f. Paan Yes / No

32. Describe your service connected to the temple on a regular basis
33. List the Ten offenses to be avoided against the Holy Name.
34. Have you read the book The Science of Self Realization, at least once, cover to cover?
  - a. Yes
  - b. Partially
  - c. No
35. What are the three aspects of the Absolute Truth? Explain with the example of the sun.
36. What are the six Opulences of Bhagavan?
37. What are the nine processes of devotional service?
38. Write the meaning of all the prayers in Sri Sikshastaka?

#### **Questions from Science of Self Realization Chapter 6 to 8**

1. "A scientist cannot improve the standard of living of the pig" What does this statement signify?
2. What is doctor frog's philosophy? Give an example of this? (eg. Say astronomy)
3. Can we see God every moment? How does a neophyte experience Krishna at every moment?
4. Who are the four kinds of people who come to Krishna Consciousness? Who are the four kinds of people who don't take to Krishna Consciousness?
5. What is "Ceto Darpana Marjanam"? What happens when one chants Hare Krishna?
6. Can we do any action and just think that we are acting in Krishna Consciousness? Who authorizes the actions?
7. The real way of satisfying ourselves is to satisfy Krishna's senses. Elaborate
8. Sri Caitanya Mahaprabhu recommends pure devotional service. We should not have any material desire. Explain this? (ref Pg 326)

#### **Bhagavad Gita As It Is Chapter 13 to 18**

1. What are the six subject matters that Arjuna asks in the beginning of the 13th chapter? What are Krishna's answers to these six subjects?
2. What are the three modes of material nature? Explain the conditioning of a living entity in these three modes.
3. In relation to the analogy of the banyan tree, what does it mean when it is said that one knows the Vedas?
4. What is the result of one who has faith but doesn't worship according to the scriptures?
5. Explain the five causes of action according to the Vedanta-sutra, and the understanding of them one must have to become free from karma.
6. Explain the demoniac attitude towards creation, human civilization, and religious activity.
7. What kind of food is fit for consumption by those who are seeking advancement in life, and release from the clutches of material entanglement?

8. What does the Supreme Lord Krsna speak about His abode & also about the living entities?
9. What are the results of actions performed in three modes according to Lord Krsna?
10. List the Qualities of Brahmana, Ksatriya, Vaishya, Shudra as mentioned in 18th Chapter?
11. What is the "Most Confidential Knowledge" spoken by Lord Krsna & What is the ultimate instruction that He gives?
12. What did Arjuna conclude at the end of Bhagavad-Gita

#### **Questions from the life of His Divine Grace Srila Prabhupada**

1. Mention few of the Qualities of Gour Mohan? What was his vision for Abhay? What lesson do we learn from this?
2. Describe in a few words the first meeting of Abhay with Srila Bhaktisiddhanta Thakur?
3. What are the two most important instructions that Srila Bhaktisiddhanta Thakur gave to Abhay?
4. In the Chapter "Planting the Seed" Srila Prabhupada celebrates Janmastami with special rules, please list them?
5. What is Initiation?
6. When Srila Prabhupada landed in the Boston Harbor, he prays to Krsna in helping him to deliver the message of Godhead. What does he pray?
7. Explain the meaning of the word "Prabhupada"?
8. When did Srila Prabhupada arrive in US, when did he incorporate ISKCON, How many temples did Srila Prabhupada establish and in how much time, How many books did he write?
9. Please write in your own words what inspiration you derived from Srila Prabhupada's life (not exceeding 250 words)?
10. What is the unique position of Srila Prabhupada in ISKCON?
11. Mention the Seven purposes of ISKCON?